# GOOD TIMES ARE ' ALWAYS AHEAD



to learn more!

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Avocados Mexico

ALWAYS GOOD



HARD Very hard fruit, usually lighter green in color. Ready to eat in 4 to 7 days if held at room temperature.

Recommended Storage Best stored at 38°F – 42°F To ripen fruit, store well ventilated at 65°F-70°F

**Recommended Usage** Set aside to ripen more. HARD Ready to eat in about 3 to 4 days if held at room temperature.

Recommended Storage Best stored at 38°F-40°F To ripen fruit, store well ventilated at 65°F-70°F

Recommended Usage Perfect for pickled avocado



FIRM Slight give to the fruit. Ready to eat now or can further ripen 1-2 days if held at room temperature.

Recommended Storage Best stored at 38°F-40°F for up to 7 days To ripen fruit, store well ventilated at 65°F-70°F

**Recommended Usage** Grate, shred, slice and dice that avocado goodness.

FIRM RIPE Yields to gentle pressure.

Ready to eat now or can be stored in refrigerator for up to one week.

Recommended Storage Best stored at 38°F-40°F for up to 7 days To ripen fruit, store well ventilated at 65°F-70°F

Recommended Usage Make chunky guac, slices and dices to add goodness to nearly any dish.



**RIPE** Easily yields to gentle pressure and good for all uses. Ready to eat now or can be stored in refrigeration for 1 to 3 days.

**Recommended Storage** Best stored at 38°F-40°F for up to 4 days in cooler

**Recommended Usage** Whip up guac, smoothies, sauces and dressings with these.

## STORAGE & HANDLING TATATA

For best results and longer shelf life, store avocados at 38°F-40°F. Green, hard fruit will ripen in 4-9 days at 70°F. Never store fruit at temperatures exceeding 70°F.



#### HOW TO: SPEED UP RIPENING

Recommended Stage of Ripeness: Stage 1 or 2

**METHOD:** Hold cases of avocados between, 65°-70° with good airflow and never warmer than 75°.

#### HOW TO: SLOW DOWN RIPENING

Recommended Stage of Ripeness: Stage 3 or 4

**METHOD:** Hold cases of avocados within refrigeration, 35°-41°. Cases of avocados can be held with this method up to 96 hours.

## IT'S THAT EASY