



Stages of RIPENESS

1



HARD

Very hard fruit, usually lighter green in color. Ready to eat in 4 to 7 days if held at room temperature.

Recommended Usage
Hold for additional ripening

2



HARD

Ready to eat in about 3 to 4 days if held at room temperature.

Recommended Usage
Pickled avocado

3



FIRM

Slight give to the fruit. Ready to eat now or can further ripen 1-2 days if held at room temperature.

Recommended Usage
Grating, shredding, slicing and dicing

4



FIRM RIPE

Yields to gentle pressure. Ready to eat now or can be stored in refrigerator for up to one week.

Recommended Usage
Chunky guac, slices and dices

5



RIPE

Easily yields to gentle pressure and good for all uses. Ready to eat now or can be stored in refrigeration for 1 to 3 days.

Recommended Usage
Guac, smoothies, sauces and dressings